



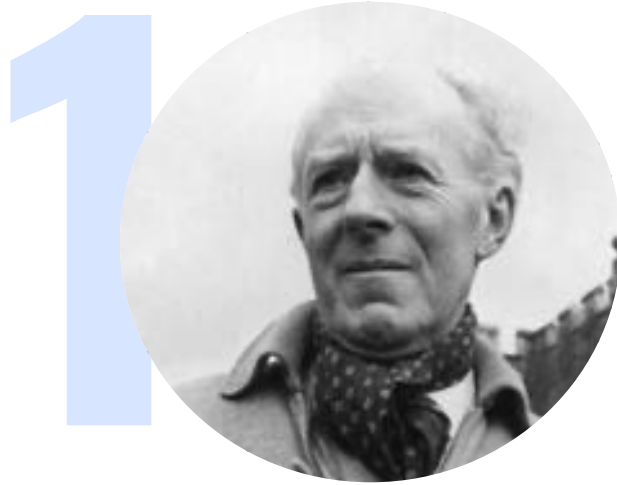
ART THERAPY COURSE

**Try to find panda
In this picture**

THE EFFECT

OF COLOR

The founders of ART THERAPY



ADRIAN HILL

BRITISH PAINTER



MARGARET NAUMBURG

PSYCHOLOGIST

STATISTICS

280000000

PEOPLE SUFFER FROM
DEPRESSION

2

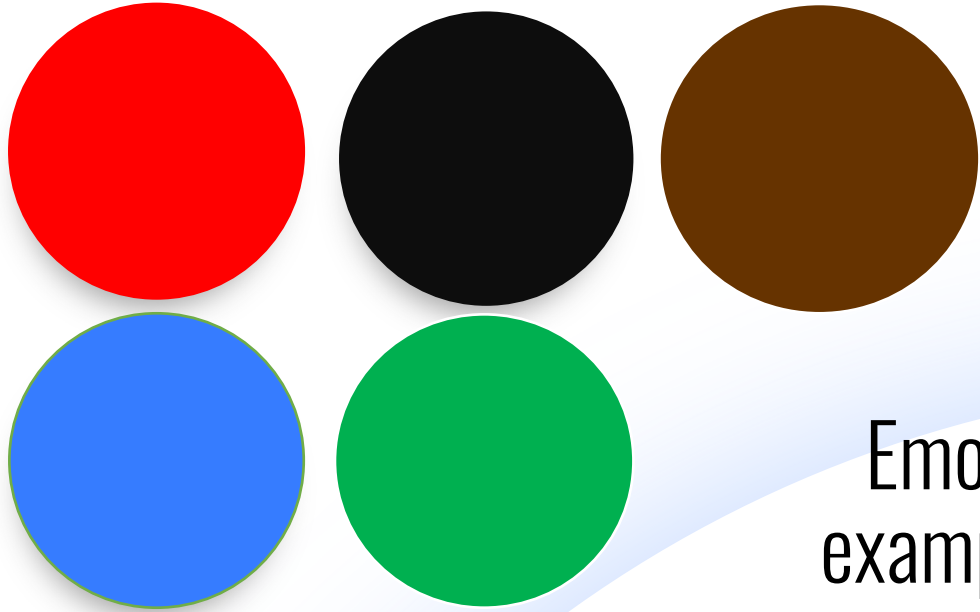
MEN CAME UP WITH A
WAY OUT

12 !

PEOPLE WILL HELP
YOU

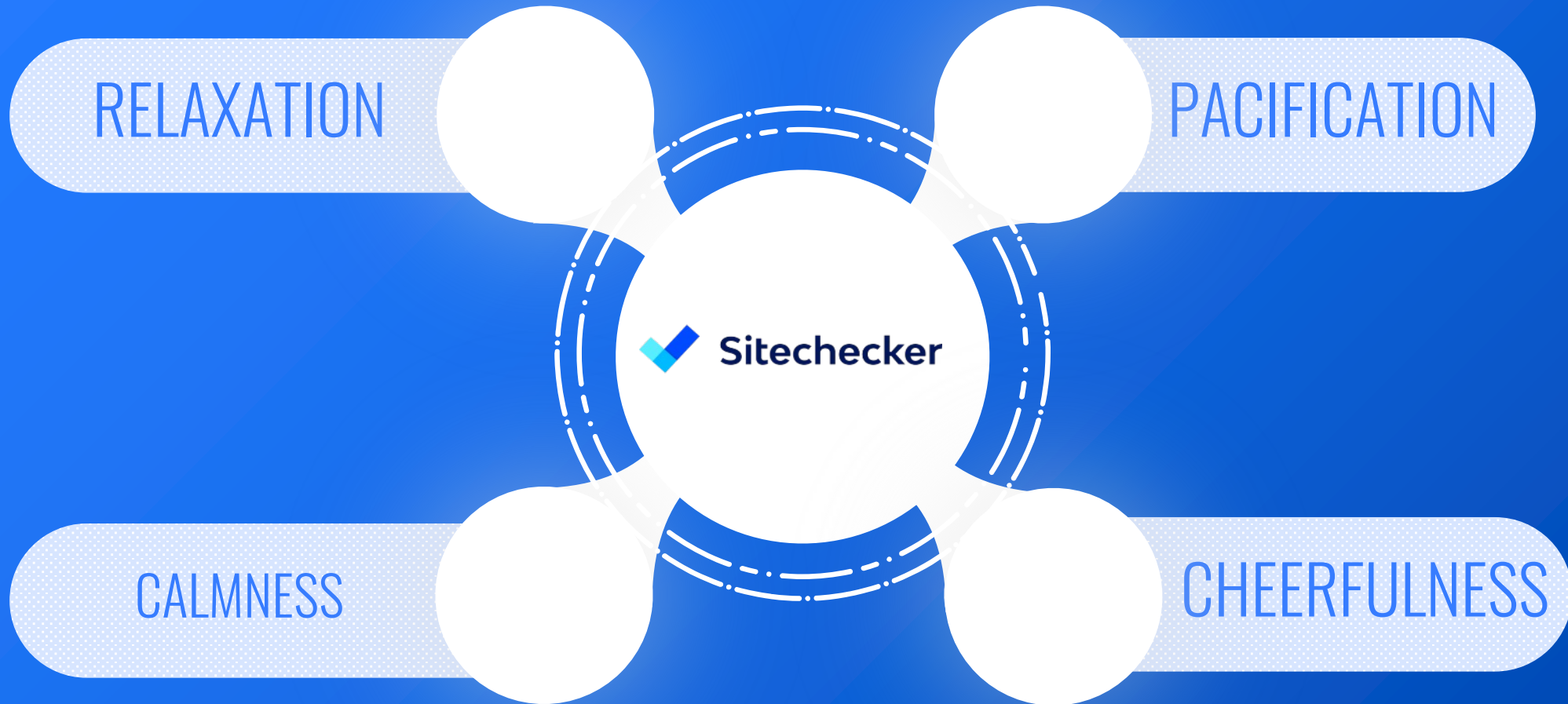
THE POWER OF COLOR

Something to
think about



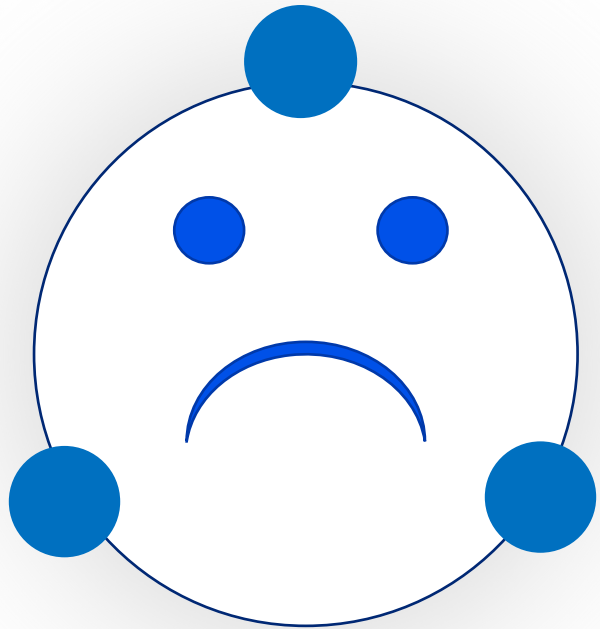
Emotions can be expressed through colors. For example, the color red is associated with love and romance. Some colors are associated with specific emotions, while others are associated with a range of emotions.

effect on the body



Before Art Therapy

tired or upset



After Art Therapy

full of strength and joy



PSYCHOLOGY OF COLOR

Fire and emotional explosion. rigidity and propensity to physical violence

sensuality, mystery, power and depth

Symbol of refusal, perseverance, defending one's own position. depression, shock.

Romance, kindness, love, passion



Sitechecker

As well as some features of the internal

Emotionality, cheerfulness of personality

It symbolizes lightness, lightness, intelligence, tenderness, constancy, slightly passivity, purity

Love and peace, it characterizes growth and life, harmony and salvation. disgust

we offer you relaxing
monster coloring pages. In
which you can depict or **color**
your emotions

MANUAL

1

STEP ONE

GET ACQUAINTED WITH THE
PRESENTATION AND
DOWNLOAD PICTURES

2

STEP TWO

INTUITIVELY PAINT
MONSTERS

3

STEP THREE

CORRELATE THE RESULT WITH
COLOR AND MOOD